# Electrochemistry of Caffeic Acid in Acetate-Ethanolic Solutions

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#### Abstract

The electrochemical behaviour of caffeic acid in acetate solutions with and without added ethanol was studied by cyclic voltammetry. Solutions of pH and ethanol content close to the wine values (3.5 and 12%, respectively) were studied as a first model approach, pursuing work previously done. Studies at pH 7.4 and different ionic strengths were also done.

It was found that cyclic voltammograms of caffeic acid acetate ethanolic solutions had oxidation peak potential values ( $\approx 470$  mV) at pH 3.5 irrespective of the previous excursions of potential with the same set of electrodes. However, the cathodic peaks potentials and currents strongly depended on the cyclic voltammogram of the corresponding solvent electrolyte which had previously been run.

The separation of oxidation and reduction peak potentials evidenced the presence of dimmers of caffeic acid in solution, under the following conditions:  $0.1 \text{ mol dm}^{-3}$  acetate buffer pH 3.5 + 12% ethanol with the ionic strength increased by the addition of  $0.05 \text{ mol dm}^{-3}$  KCl; limits of the anodic potential: from -100 to + 700 mV and  $N_2$  bubbled through the solution for 10 minutes.

**Keywords:** caffeic acid, acetate buffer, ethanol, cyclic voltammetry.

### Introduction

Caffeic acid (CA) is a polyphenol (compound containing aromatic ring and hydroxyl groups). It is 3,4-dihydroxycinnamic acid, C<sub>9</sub>H<sub>8</sub>O<sub>4</sub> and is found in fruits, vegetables, wine, olive oil, tea and coffee beans. It has antioxidant properties and, thus, potential prevention of cardiovascular disease, atherosclerosis, cancer, inflammation, and cataracts. Physiological systems might

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suffer oxidative stress caused by excessive exposure to oxidants and or a decrease in the antioxidant capacity of the system. As a consequence, reactive oxygen species (ROS) are formed. Low-molecular weight antioxidants are small molecules that react with ROS. They can be endogenous such as glutathione (GSH), nicotinamide adenine dinucleotide (NADH), uric acid (UA) and bilirubin, or obtained from the diet such as ascorbic acid (AA), tocopherols and polyphenols [1].

In vitro studies found that CA inhibited human low-density lipoprotein oxidation induced by different systems [Cu<sup>2+</sup>, 2,2'-azobis(2-amidinopropane) (AAPH) macrophages] by both a transient chelation of the copper catalyst and the scavenging of reactive oxygen species and free radicals [2, 3, 4]. Moreover, CA exhibited a sparing effect toward alpha-tocopherol and beta-carotene [2]. The ability of caffeic acid to reduce glutathione depletion and to inhibit lipid peroxidation during t-butyl hydroperoxide induced oxidative stress has also been claimed [5]. Despite its inhibition of Ca<sup>2+</sup> induced LDL oxidation in the initiation phase it acts as a prooxidant in the propagation phase. It has also been claimed to be a non-competitive inhibitor of xanthine oxidase.

The enzymatic oxidation of o-diphenols to the corresponding very reactive oquinones is the first step in browning of fruits. O-quinones can react in several ways. They can act as electrophiles, thus, as oxidants for other substances with lower reduction potentials and they might condense with the corresponding hydroquinones – if there are not other substrates present. [6] The enzymatic oxidation of CA in the presence of laccase has been used in the construction of caffeic acid biosensors [7] and its application for determinations in red wine has been done [8].

Studies of the oxidation of caffeic acid have been done in aqueous solutions with pH 2.0 to 8.5 [9, 10], in acetonitrile [11] and in 1:1 (v/v) water-ethanol phosphate buffer pH 7.0 [12]. A voltammogram of the oxidation of a 10<sup>-3</sup> mol L<sup>-1</sup> caffeic acid solution at pH 4 and a scan rate of 0.2 V s<sup>-1</sup> has also been reported [11]. However, the electrochemical behaviour of hydro-ethanolic solutions of this relevant polyphenol is not completely understood. Our interest in the application of the caffeic biosensor in red wine led us to study its electrochemical redox behaviour in solutions containing 12% (v/v) ethanol and pH 3.5.

# Experimental

#### Materials

trans - 3,4- dihydroxycinnamic acid (caffeic acid) was from Aldrich. Absolut ethanol, density 1.790 kg/L, was from Panreac Quimica AS. Buffers used were: PBS (phosphate buffer saline) pH = 7.4, prepared with NaCl from Riedel-de-Haën with purity greater than 99.8%, KCl from Merck, purity superior to 99.5%, Na<sub>2</sub>HPO<sub>4</sub> and KH<sub>2</sub>PO<sub>4</sub>, with purity superior to 99.9% and 99.7%, respectively, both supplied by Sigma-Aldrich. Acetate buffer was prepared with sodium acetate trihydrated, from Sigma, having purity superior to 99.8%, and glacial acetic acid from Riedel-de-Haën, with purity of 99.8% and density 1.05 kg/L. Bidistilled Millipore water was used to make up the solutions.

Caffeic acid solutions were freshly prepared the day of the experiment.

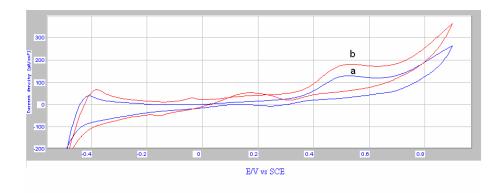
# Cyclic voltammetry

Cyclic voltammograms (CV) of the buffers and the caffeic acid solutions were obtained with a Voltalab 10, PGZ100 from Radiometer Analytical, coupled to a personal computer. A two compartment cell having a Luggin capillary and three electrodes was used. The working electrode was a platinum disc with 5 mm diameter, the auxiliary electrode was a platinum plate having an area  $\approx 1~\text{cm}^2$  and the reference one was a saturated calomel electrode (SCE) from Radiometer Analytical. The working electrode was polished to a mirror finish with 0.05  $\mu m$  alumina paste and thoroughly rinsed with Millipore water and the corresponding solution to be studied prior to each set of voltammetric measurements. The auxiliary electrode was washed with concentrated nitric acid, thoroughly rinsed with Millipore water before each experiment. SCE was stored in saturated KCl while not in use. Nitrogen was bubbled through some of the solutions for 10 minutes. The voltammograms were run at room temperature (ca. 25 °C).

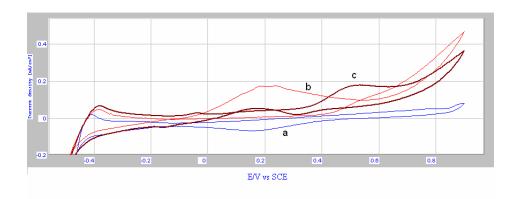
#### Results

# Influence of previous scans on the oxidation of caffeic acid

It is common practice to run voltammograms of the background electrolyte before doing it for the analyte solution with the aim of distinguishing between the features of the test analyte and the ones from the background solvent/supporting electrolyte [9,10, 13]. Accordingly we have run cyclic voltammograms of 10<sup>-3</sup> mol dm<sup>-3</sup> caffeic acid solution in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5 + 12% ethanol after having done CV's for a) 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5 and, b) 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5 + 12% ethanol, all at 100mV/s. It was observed that the same stock solution of caffeic acid would yield an oxidation peak at  $\approx 500$  mV which was observed whatever voltammogram was previously run. However, after that first peak different voltammograms were obtained, depending on the previous background electrolytes that were used with the same cell and electrodes. It must be stressed again that the working and the auxiliary electrodes were prepared before each experiment in the way it was described at the experimental section. Thus, it was observed – Fig. 1 - that the first oxidation peak at  $\approx 500$  mV vs. SCE, due to the oxidation of the ortho hydroxyl groups of caffeic acid [9, 14], could be seen at both voltammograms. For potentials larger than the one of that peak, the increase of the current was due to the oxidation of ethanol. As a matter of fact the previously run CV on 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol evidenced that fact, as seen in Fig. 2.



**Figure 1**. CV of 1.  $0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol, at 100 mV/s, as a function of previous scans:  $\mathbf{a} \to \text{after having}$  scanned the potential in acetate buffer only;  $\mathbf{b} \to \text{after having}$  scanned the potential in acetate buffer +12% ethanol.



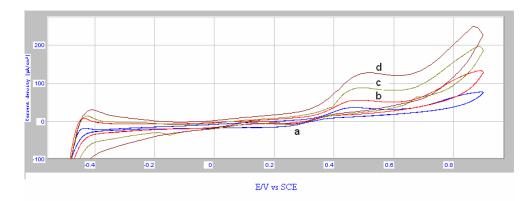
**Figure 2**. CV of 1.  $0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol vs. CV's of supporting electrolyte:  $\mathbf{a} \to 0.1$  mol dm<sup>-3</sup> acetate buffer pH 3.5;  $\mathbf{b} \to 0.1$  mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol;  $\mathbf{c} \to 1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol, all at 100 mV/s.

That increase was less pronounced in the caffeic acid solution than in the 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol. At those potentials the electrochemical oxidation of ethanol occurs [15] and the presence of caffeic acid competes for the same platinum sites, decreasing the ethanol oxidation [16]. Only a slight reduction peak was observed in the region around 300 mV in the cathodic scan. The corresponding cathodic peak current is smaller than the anodic peak current assigned to caffeic acid oxidation. That is an indication of chemical reactions of the products of caffeic acid oxidation. The main difference observed in the cathodic scan of the caffeic acid solution was the appearance of an oxidation wave around 200 mV, which was probably due to a reoxidation of ethanol [16] when the CV was run after the one run in ethanol containing acetate buffer.

That reoxidation was not observed at the corresponding cathodic scan after having done a previous voltammogram in acetate buffer only.

# Influence of the scan rate, the limiting value of the anodic potential and the ionic strength

Varying the scan rate of  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5 + 12% ethanol, from 10 to 100 mV/s, the voltammograms shown on Fig. 3 were obtained:



**Figure 3**. CV of  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol vs. scan rate (mV/s):  $\mathbf{a} \to 10$ ,  $\mathbf{b} \to 20$ ,  $\mathbf{c} \to 50$  and  $\mathbf{d} \to 100$  (mV/s).

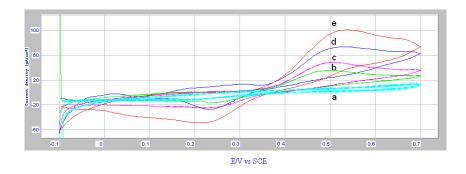
It was observed that the anodic peak current for the oxidation of caffeic acid was proportional to the square root of the scan which means that it is diffusion controlled. The oxidation peak potentials were slightly displaced to more positive potentials as the scan rate increased (Table 1).

**Table 1**. Oxidation peak potentials of  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5 + 12% ethanol, as a function of the scan rate.

Scan rate/mVs <sup>-1</sup>	E <sub>pa/m</sub> V
10	459.7
20	472.6
50	478.6
100	507.0

The reoxidation of ethanol increased from 20 to 100 mV/s.

In order to focus on the first oxidation peak due to caffeic acid, we have changed the limits of the anodic potential (from -100 to +700 mV), increased the ionic strength either by the addition of 0.05 mol dm<sup>-3</sup> KCl [12] or by increasing the concentration of the acetate buffer to 0.2 mol dm<sup>-3</sup> [17] and bubbled N<sub>2</sub> through the solution for 10 minutes. The voltammograms thus obtained were those of Fig. 4



**Figure 4**. CV's of  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol with added 0.05 mol dm<sup>-3</sup> KCl at scan rates 10 to 100 mV/s (N<sub>2</sub> bubbled for 10 minutes):  $\mathbf{b} \to 10$ ,  $\mathbf{c} \to 20$ ,  $\mathbf{d} \to 50$  and  $\mathbf{e} \to 100$  (mV/s). (N<sub>2</sub> bubbled for 10 min) [**a**: Acetate buffer, 20 mV/s].

It was observed that here was an oxidation peak at a potential close to what had been observed under slightly different conditions and a new cathodic peak appeared. The difference between the oxidation and the reduction peak potentials was  $(\text{Epa} - \text{Epc})/60 \approx 4$ . This result added evidence to the formation of dimers of caffeic acid having four oxidizable hydroxyls [12] as shown on scheme 1.

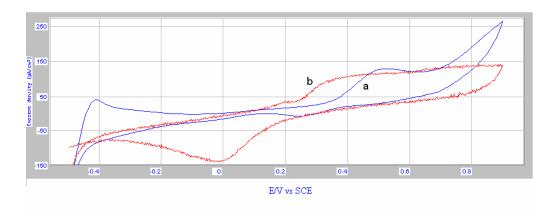
The formation of these tetrahydrofuran derivatives has been observed at pH 3.6 [6]. At pH larger than 4.6 they were not observed.

Similar voltammograms were obtained when 0.2 mol dm<sup>-3</sup> acetate buffer was used as supporting electrolyte at 10 and 20 mV/s scan rates. However unpredictable results were obtained when the scan rates were 50 and 100mV/s. An influence of the increase of the buffer concentration on caffeic acid oxidation was also observed by other authors [6].

**Scheme 1**. Formation of dimmers of caffeic acid and corresponding oxidation.

# The pH influence

The influence of the pH was studied varying the buffer electrolyte to PBS (phosphate buffer saline, that is Na<sub>2</sub>HPO<sub>4</sub>, KH<sub>2</sub>PO<sub>4</sub>, KCl and NaCl at concentrations: 0.008, 0.0018, 0.0033, 0.17 mol dm<sup>-3</sup>) pH 7.4. Comparison of the influence of these two pH values is shown on Fig. 5.



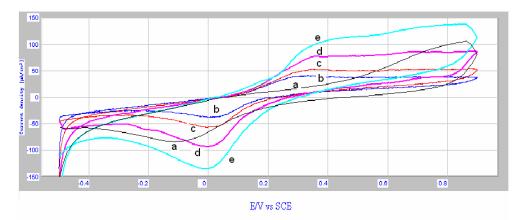
**Figure 5**. CV's of  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid: in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol (a); and in PBS pH 7.4 (b), at 100 mV/s.

The oxidation peak potential is more negative when the pH is 7.4 than 3.5, that is the antioxidant activity is thermodynamically favored with the increase in pH [10, 18]. That behaviour is typical of oxidations which are accompanied by the participation of protons.

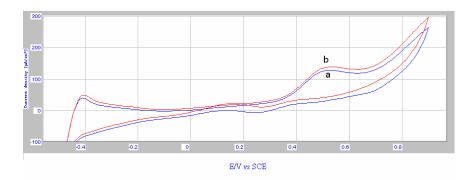
## Effect of the scan rate on the CV's of caffeic acid in PBS

It was observed that the oxidation of caffeic acid occurred at potentials which had values close to the one reported by Born et al. [19],  $E_{pa}$  = 0.23 V, under the same pH 7.4, but slightly different conditions (they used 0.07 M phosphate buffer /EtOH 1:1 (v/v) working electrode GC vs. Ag/AgCl 3 M KCl). The reduction peak potential was also at a value close to that one observed by Born et al.,  $E_{pc}$  = 0.02 V, although our results point to a mixed reduction potential. In fact, at  $\approx$  -100 mV it was observed by us only when PBS was present, as seen on Fig. 6. Repetitive cycling of the potential in the caffeic acid solution under study resulted in an increase of the anodic peak current from the 1<sup>st</sup> to the 5<sup>th</sup> cycle when the previous scans had been run in acetate buffer only (cf. Fig. 7A). On the contrary, a decrease of the anodic peak current was observed when going from the 1<sup>st</sup> to the 5<sup>th</sup> cycle after the electrodes had been previously subjected to scans in ethanol containing acetate buffer (Fig. 7B).

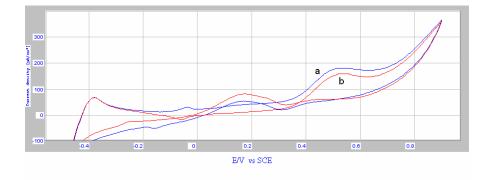
The above referred increase in current upon successive scans points to the formation of an electroactive film onto the working electrode surface. The decrease of the anodic current observed under the other conditions, that is, after having run previous scans in ethanolic containing buffer, is most probably due to the prevailing effect of the products of ethanol oxidation which will certainly form upon cycling the potential in ethanolic containing solutions.



**Figure 6**. Cv of  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in PBS vs. scan rate:  $\mathbf{b} \to 10$ ,  $\mathbf{c} \to 20$ ,  $\mathbf{d} \to 50$  and  $\mathbf{e} \to 100$  (mV/s). **a**: PBS 100 mV/s.



**Fig. 7 A.**  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol, at 100 mV/s after having scanned the potential in acetate buffer: **a**: 1<sup>st</sup> cycle; **b**: 5<sup>th</sup> cycle.



**Figure 7 B.**  $1.0 \times 10^{-3}$  mol dm<sup>-3</sup> caffeic acid in 0.1 mol dm<sup>-3</sup> acetate buffer pH 3.5+12% ethanol, at 100 mV/s after having scanned the potential in acetate buffer + 12% ethanol:  $\mathbf{a} \to 1^{\text{st}}$  cycle;  $\mathbf{b} \to 5^{\text{th}}$  cycle.

#### Conclusions

The oxidation of caffeic acid was observed in several different conditions. In fact, the oxidation peak at values in the range 450 to 500 mV vs. SCE was observed in solutions of pH 3.5 in acetate buffer solution with and without 12% ethanol, either being air

saturated or bubbled with N<sub>2</sub>. The oxidation peak appeared at lower potential values in PBS solution, pH 7.4 ( $E_{pa} \approx 300 \text{ mV}$ ). Oxidation waves observed at potentials larger than 600 mV were observed in ethanol containing solutions. At those potentials, however, ethanol also oxidizes and assignment of anodic currents to caffeic acid could not be done. So, the presence of ethanol did not interfere at the peak potential characteristic of the oxidation of the ortho hydroxyl groups but masked any other processes which might be occurring at higher potentials. The cathodic scan had a variety of shapes depending on the limit of the anodic potential and the ionic strength. When the potential scan was taken up to values larger than 700 mV, say 900 mV, a cathodic peak could be observed at potential close to 300 mV. Reoxidation peaks of ethanol were also observed. Reduction peak potentials were obtained in caffeic acid solutions, at potentials such that  $(Epa - Epc)/60 \approx 4$ , when the limit of the oxidation peak potential was 700 mV, and the ionic strength was high (ca. 0.2). This latter observation evidenced the existence of dimmers of caffeic acid in the solution as well as their redox behaviour.

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